<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<link rel="stylesheet" href="index.css">

<title>Learning how to learn</title>

</head>

<body>

<div class="page">

<header class="header">

<div class="logo logo\_place\_header"></div>

<h1 class="header\_\_title">Learning How to Learn</h1>

<p class="header\_\_subtitle">

The most effective, cutting-edge learning

techniques that you can apply to your daily life <br>

<a href="" target="\_blank" class="header\_\_link">

Learn more &rarr;

</a>

</p>

<div class="header\_\_square-pic rotation">

</div>

<img src="images/header-image.png" alt="" class="header\_\_main-illustration">

</header>

<main class="content">

<section class="two-columns">

<h2 class="two-columns\_\_brief">

The main problem with education

</h2>

<div class="two-columns\_\_main-text">

<p class="two-columns\_\_paragraph">

Whether it's at school or university, the one thing no one ever teaches you is

how to teach yourself. We often just end up drilling specific exercises and

mindlessly memorizing information so that when exam time comes around,

we pass the test. But once the test is over, that information has outlived its

usefulness, and there's no guarantee that information will be retained. In the

end, we're really just learning how to pass our tests.

</p>

<p class="two-columns\_\_paragraph">

<span class="two-columns\_\_span-accent">Here's the real question: </span>does this approach of repetition and

memorization help us truly understand the subject material? The academic

consensus nowadays is that it doesn't. In fact, what's more important than

any individual topic is knowing how to study, but for some reason, this point

is often overlooked. So, what can we do to remedy this?

</p>

<p class="two-columns\_\_paragraph">

Well, there are various techniques and exercises that can be applied to the

educational process to help make it more efficient and engaging. Keep

scrolling to uncover some of the secrets of effective learning.

</p>

</div>

</section>

<!-- <section class="techniques">

<h2 class="section\_\_title title\_color\_black">

Learning Techniques

</h2>

<p class="section\_\_subtitle subtitle\_color\_black">

Five Strategies from Barbara Oakley

</p>

<div class="cards">

<div class="cards\_\_item">

<img src="images/cards-attention.png" alt="" class="cards\_\_image">

<h3 class="cards\_\_title">Two Ways of Thinking</h3>

<p class="cards\_\_description">

Deep understanding comes from being

able to toggle back and forth between

focused and diffused thinking.

</p>

</div>

<div class="cards\_\_item">

<img src="images/cards-recall.png" alt="" class="cards\_\_image">

<h3 class="cards\_\_title">Recall</h3>

<p class="cards\_\_description">

Improving your ability to remember

key bits of information helps to

connect different parts of the brain.

</p>

</div>

<div class="cards\_\_item">

<img src="images/cards-interliving.png" alt="" class="cards\_\_image">

<h3 class="cards\_\_title">Interleaving</h3>

<p class="cards\_\_description">

When you learn multiple skills at the

same time, they reinforce each other.

</p>

</div>

<div class="cards\_\_item">

<img src="images/cards-question.png" alt="" class="cards\_\_image">

<h3 class="cards\_\_title">Questions</h3>

<p class="cards\_\_description">

When listening to your teacher, think

up a good question, something that

you're really itching to know.

</p>

</div>

<div class="cards\_\_item">

<img src="images/cards-competence.png" alt="" class="cards\_\_image">

<h3 class="cards\_\_title">Illusion of Competence</h3>

<p class="cards\_\_description">

Test yourself, write it down, tell

other people, and repeat the process

in different settings. Only then can

you be truly certain you've understood

something.

</p>

</div>

</div>

</section> -->

<section class="oakley two-columns">

<h2 class="two-columns\_\_brief">

Barbara Oakley&#8217;s story.

</h2>

<div class="two-columns\_\_main-text">

<p class="two-columns\_\_paragraph">

Math didn't come naturally to Barbara in childhood. She thought of

herself as more of a humanities person, and not a brilliant one at

that. With an eye to becoming a linguist, after school she enlisted

in the army, who sent her to learn Russian. After several years of

service, during which she rose to the rank of Captain, Barbara left

the army and decided to study engineering. In was during this time

that she developed her learning methodology as she was forced to

reprogram her brain for a different kind of learning. It turns out

that when something doesn't come naturally to you, having to work

hard to gain the knowledge that other people may get at first glance

gives you a deeper, more comprehensive understanding of the subject

matter.

</p>

</div>

</section>

<section class="feynman">

<h2 class="feynman\_\_title">The Feynman Technique</h2>

<p class="feynman\_\_subtitle">Learn without forgetting</p>

<a href="https://fs.blog/feynman-learning-technique/" target="\_blank" class="feynman\_\_link">More &rarr;</a>

</section>

<section class="kaufman">

<h2 class="section\_\_title title\_color\_white">

Ten principles of rapid skill acquisition

</h2>

<p class="section\_\_subtitle subtitle\_color\_white">

by Josh Kaufman

</p>

<ul class="table">

<li class="table\_\_cell">

<h6 class="table\_\_heading">1</h6>

<p class="table\_\_text">Choose a lovable <br> project</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">2</h6>

<p class="table\_\_text">Focus your energy on one skill at a time</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">3</h6>

<p class="table\_\_text">Define your target performance level</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">4</h6>

<p class="table\_\_text">Deconstruct the skill into sub-skills</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">5</h6>

<p class="table\_\_text">Obtain critical tools</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">6</h6>

<p class="table\_\_text">Eliminate barriers to practice</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">7</h6>

<p class="table\_\_text">Make dedicated time for practice</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">8</h6>

<p class="table\_\_text">Create fast feedback loops</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">9</h6>

<p class="table\_\_text">Practice by the clock in short bursts</p>

</li>

<li class="table\_\_cell">

<h6 class="table\_\_heading">10</h6>

<p class="table\_\_text">Emphasize quantity and speed</p>

</li>

</ul>

<img src="images/kaufman-triangle.svg" alt="" class="kaufman\_\_triangle rotation">

</section>

<!-- <section class="resources">

<h2 class="section\_\_title title\_color\_black">

Useful resources

</h2>

<p class="section\_\_subtitle subtitle\_color\_black">

Further materials on learning techniques and hacks.

</p>

<div class="resources\_\_logo-zone">

<a href="" target="\_blank"><img src="images/resources-tedED.png" class="resources\_\_logo-image" alt=""></a>

<a href="" target="\_blank"><img src="images/resources-Medium.png" class="resources\_\_logo-image" alt=""></a>

<a href="" target="\_blank"><img src="images/resources-dezeen.png" class="resources\_\_logo-image" alt=""></a>

<a href="" target="\_blank"><img src="images/resources-goodreads.png" class="resources\_\_logo-image" alt=""></a>

</div>

</section> -->

</main>

<footer class="footer">

<div class="footer\_\_content">

<div class="logo logo\_place\_footer"></div>

<p class="footer\_\_author">

&copy; 2023 Dovhal Mykhailo

</p>

</div>

</footer>

</div>

</body>

</html>